

Community Workshops 2019-2020

Date	Event Title	Time	Language
Saturday 8/3/2019	Preventative Health	8am-4:30pm	English & Spanish
Thursday 8/8/2019	Child Care Licensing Path	6:30-9:30pm	English
Saturday 8/17/2019	Family Child Care Matters	9am -1pm	English
Saturday 8/24/2019	Little Busy Bodies	9am-12pm	English
Thursday 9/12/2019	Navigating the Subsidy System	6:30-8:30pm	English & Spanish Translation
Saturday 9/21/2019	CPR/Health & Safety Training	8am-4:30pm	English & Spanish
Thursday 9/26/2019	Environmental Rating Scale Intro	6:30-9:30pm	English
Saturday 10/26/2019	Serving Children with Special Needs and their Families	9am-2:30pm	English & Spanish
Saturday 11/2/2019	Preventative Health	8am-4:30pm	English & Spanish
Thursday 11/7/2019	Work Life Balance	6:30-9:30pm	English & Spanish
Saturday 11/16/2019	Young Children Learning Through Positive Risks	9am-2:30pm	English & Spanish
Saturday 12/7/2019	Community Resource Connections	9am-12pm	English
Saturday 1/11/2020	Trauma Informed Care: Understanding the Impact of Trauma & Identifying Strategies to Promote Health	9am-12pm	English
Saturday 1/25/2020	Preventative Health	8am-4:30pm	English & Spanish
Thursday 1/30/2020	Nutrition & Child Care	6:30-8:30pm	English & Spanish
Saturday 2/8/2020	Trauma Informed Care: Understanding the Impact of Trauma & Enhancing Caregiver Resiliency	9am-12pm	English

All Workshops are at the 4C's Main Office: 150 River Oaks Parkway, San Jose CA 95134

Workshop Fees are nonrefundable. Children are not able to attend workshops, wait in the lobby or parking lot unattended.

Call 408-487-0749 to register or visit our website for more information at <http://www.4c.org/>

Date	Event Title	Time	Language
Thursday 2/13/2020	Cognitive Development	6:30-9:30pm	English & Spanish
Saturday 2/22/2020	Taxes & Bookkeeping	9am-12pm	English/Spanish Translation
Thursday 2/27/2020	Family Child Care Business Planning	6:30-9:30pm	English/Spanish Translation
Saturday 3/7/2020	Ages & Stages Questionnaire 3	9am-12:30pm	English/Spanish Translation
Saturday 3/14/2020	Trauma Informed Care: Exploring the Impact of Historical & Intergenerational Trauma on Family Dynamics Today	9am-12pm	English
Thursday 3/26/2020	Discipline & Guidance	6:30-9:30pm	English & Spanish
Saturday 3/28/2020	EXPRESS YOURSELF! Promoting Social Emotional Development Through the Arts	9am-12pm	English
Saturday 4/4/2020	CPR/Health & Safety Training	8am-4:30pm	English & Spanish
Thursday 4/9/2020	Child Care Licensing Path	6:30-9:30pm	English & Spanish
Saturday 4/18/2020	Strengthening Families: 5 Protective Factors Framework	9am-2:30pm	English & Spanish
Saturday 4/25/2020	Family Child Care Matters	9am-1pm	English & Spanish
Thursday 4/30/2020	Language Development & Literacy	6:30-9:30pm	English & Spanish
Thursday 5/7/2020	Eco Healthy	6:30-8:30pm	English & Spanish
Saturday 5/16/2020	Social Emotional Development in Group Care	9am-2:30pm	English & Spanish
Saturday 6/6/2020	Preventative Health	8am-4:30pm	English & Spanish
Thursday 6/11/2020	Disaster Preparedness	6:30-9:30pm	English & Spanish

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